



EVOLUTION MARTIAL ARTS

# THE REVOLUTION #92- JANUARY 2016

### New Years Special!

Parents and siblings of our current students...

Try karate or BJJ for the month of January for **FREE!**

- Get fit and have fun!
- Practical self defense
- Bully and Abduction proofing
  - Weapons training
- Train with our World Champions!
  - Instructors who care!

Please talk to one of our instructors for more details!

### Stripe Testing January 11<sup>th</sup>-16<sup>th</sup>



### Buddy Stranger Seminar

Saturday Jan. 9<sup>th</sup>

9:00-10:00am



Invite 1 buddy to join you for a **FREE** Stranger Seminar!

(BJJ and adult karate on as usual 8:00-8:45am)

### **Buddy Board Break Movie Night!**

Friday January 15<sup>th</sup>

6:00-9:00



KARATE

Bring 1 buddy to learn how to break a board!

Pizza and cool movie!

\$19.99 per person / \$29.99 per family

1 buddy for **FREE!**

### **Private Lessons!**

Want to improve your forms, weapons, sparring or BJJ? We offer private lessons for those who want to improve their class techniques, learn new techniques, or get the edge in competition!

- Competition forms/weapons
- Sparring techniques
  - BJJ
- Regular class curriculum

# BJJ Tournament!

Friday January 29<sup>th</sup>  
6:00-7:00



For all BJJ students!  
Separate kids and adult divisions!

## FREE BJJ Seminar!

Wednesday January 13<sup>th</sup>, 7:00-8:45

With Professor Danny!

For all BJJ and adult karate students  
Open to beginner and advanced!

(No regular BJJ or adult karate this night)

Team Evolution will be competing at the World Martial Arts Championships  
in Orlando Florida!  
July 8<sup>th</sup> & 9<sup>th</sup> 2016!

We already have many World Champions here at EMA! Who will be next?!

Our next meeting will be Thursday Jan. 14<sup>th</sup>, 6:45pm

We will be discussing accommodations and tournament.

	Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 Closed	2 closed
	3	4 Back open!	5	6	7	8	9 Stranger seminar 9:00-10:00am
	10	11	12	13 BJJ Seminar 7:00	14 Team Canada meeting 6:45	15 Buddy board break Movie night! 6:00-9:00	16
	17	18	19	20	21	22	23
	24	25	26	27	28	29 BJJ Tournament 6:00-7:00	30
	31						

January

2016

←-----Stripe testing-----