



EVOLUTION MARTIAL ARTS

THE REVOLUTION #90- NOVEMBER 2015

Balance

Teaching martial arts is a balancing act. As instructors we are trying to educate, empower and entertain. If class is too hard then many students leave feeling they can't do it.

If class is too easy / fun then it can be seen as a game.

At EMA we are constantly trying to find that balance - have classes that are fun, while students learn real and practical martial arts and self defense. Our goal is to have black belts that are able to defend themselves, brave, strong but also kind and caring. Determined, disciplined - having that positive black belt attitude. These benefits are life-long and that's why we say martial arts is a way of life. Our goal is to never teach students through intimidation but through mutual respect.

What is important to remember is that ALL the instructors here care. We love teaching and seeing our students succeed. Helping build the black belt inside them!

Next Weapon - Kamas!



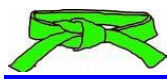
Kids- (Red)- \$29.99 + tax

Black Belt (metal) - \$49.99 + tax

Competition Team (custom design)- \$99.00+ tax

Order yours today!

Stripe Testing November 2nd-7th



Holiday Banquet / Graduation!!!

Tuesday Dec. 8th, 6:00pm

Tickets \$35 per person

Belts, gifts, awards, 6 course meal, demos, new EMA movie and more!!!



At the marquis Gardens 1365 Sandhill Dr.
For tickets please see Gord or Ashley!

Zombie Air Blasters Movie Night!

Friday November 20th

6:00-9:00



Can you defeat the Zombies?

- air blaster FUN! (bring your own air blaster)

- pizza & cool movies!

\$19.99 per person / \$29.99 per family

Holiday Sale!!

Saturday Nov. 21st, 10:00am-12:00pm!!

Clearance items, special Holiday items, special deals and more!

Find that special gift for you martial artist!

(If you are hoping to order an item for the holidays, this will be the last day to place an order)

Black Belt Super Show for Cystic Fibrosis!

Thursday November 5th
6:00-7:00 (doors open at 5:45)
Marquis Gardens – 1365 Sandhill Dr.



EVERYONE WELCOME!

Martial arts demos, 50/50 draw and more!
100% of the proceeds to Cystic Fibrosis Canada
Tickets only \$5 each!
(No regular classes this night)

Adult/Teen Knife Seminar

Tuesday Nov. 24th
7:00-8:00

Learn and practice some
cool knife defense techniques
(Please wear an old white t-shirt)

Team Evolution will be at a tournament on Nov. 27th-
28th, so there will be special class times

Fri. Nov 27th

BJJ 5:15 – 6:00pm

Sat. Nov. 28th

Adult / Teen Karate 8:00 – 8:45am

All Kids 8:45 – 9:30am

Dragons / Ninjas 9:30 – 10:00am

November 2015	Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5 Super Show! 6:00-7:00 (no classes)	6	7
		←-----Stripe testing-----					
	8	9	10	11	12	13	14
	15	16	17	18	19	20 Air Blasters Movie night! 6:00-9:00	21 Holiday Sale 10am-12pm
	22	23	24 Teen/Adult Knife seminar 7:00-8:00	25	26	27 Tournament BJJ 5:15 – 6:00 No Demos	28 Tournament Special class times
29	30						