



# EMA

EVOLUTION MARTIAL ARTS

## THE REVOLUTION #89 – OCTOBER 2015

<p><u>Trick-or-Treaters</u></p> <ul style="list-style-type: none"> <li>• Carry a flashlight, and wear a watch</li> <li>• Walk, don't run and stay on Sidewalks</li> <li>• If no sidewalks stay on left side of road</li> <li>• Obey traffic signals</li> <li>• Stay in familiar neighbourhoods</li> <li>• Don't cut across yards or driveways</li> <li>• Make sure costumes and shoes fit</li> <li>• Avoid wearing masks while walking from house to house</li> <li>• Carry only flexible knives, swords or other props</li> <li>• Wear clothing with reflective markings or tape</li> <li>• Approach only houses that are lit</li> <li>• Stay away from and don't pet animals you don't know</li> </ul>	<p><u>Parents</u></p> <ul style="list-style-type: none"> <li>• Have your child eat dinner before setting out</li> <li>• Ideally, young children of any age should be accompanied by an adult</li> <li>• If your children go on their own, be sure they wear a watch, preferable one that can be read in the dark</li> <li>• If you buy a costume, look for one made of flame-retardant material</li> <li>• Older children should know where to reach you and when to be home</li> <li>• Know where they are going and who they are with</li> <li>• Although tampering is rare, always check the candy before they eat any</li> </ul>	<p><u>Homeowners</u></p> <ul style="list-style-type: none"> <li>• Make sure your yard is clear of such things as ladders, hoses, and flower pots that can trip the young ones</li> <li>• Pets get frightened on Halloween. Put them in to protect them from cars or inadvertently biting someone</li> <li>• Battery powered jack o'lantern candles are preferable to a real flame</li> <li>• If you do use candles, place the pumpkin well away from where trick-or-treaters will be walking or standing</li> <li>• Non-food treats: plastic rings, pencils, stickers, erasers, coins</li> </ul>
<p><u>Special Schedule</u> Saturday October 3<sup>rd</sup></p> <p>Adult/Teen Karate – 8:00-8:45 (No BJJ) All kids – 8:45-9:30 Ninjas/Dragons- 9:30-10:00</p>		<p><b>Halloween Party</b> <b>Haunted House Movie Night</b></p> <p>Friday October 23<sup>rd</sup> 6:00-9:00</p>  <p><b>Costume Contest</b> <b>Haunted House!</b> <b>Movie &amp; pizza</b> <b>Goodie bag!</b></p> <p><b>\$19.99 per person</b> <b>Sign up now space is limited</b></p>
<p><b>EMA Holiday Banquet and Graduation!</b> Tuesday December 8<sup>th</sup>- arrival 5:30-6:00</p> <p>6 course meal! Demos! Belts/Awards/Gifts!</p>  <p>Marquis Garden Banquet- 1365 Sandhill Dr. Tickets are \$35 each</p>		

**FREE BJJ Seminar!**

Saturday October 3<sup>rd</sup>

With Professor Danny!

Kids- 7:00-7:45  
Teens/Adults 7:00-8:30



No regular BJJ or adult karate this night

Closed Friday October 9<sup>th</sup> to Monday  
October 12<sup>th</sup>

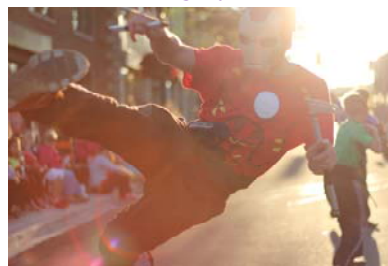
Happy Thanksgiving!



**Black Belt Super Show for Cystic Fibrosis!**

Thursday November 5<sup>th</sup>, 6:15pm

Come and see some **AMAZING** martial arts  
by our instructors and black belts!  
**ALL funds raised will go to Cystic Fibrosis  
Canada to help find a control or cure for  
CF!**



This is open to ALL students, friends,  
family – Everyone!

At the Marquis Garden Banquet centre  
1365 Sandhill Dr, Ancaster

Tickets are only \$5!

		Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1	2	3 Special Schedule
		4	5	6	7	8	9 Closed	10 Closed
		11 Closed	12 Closed Happy Thanksgiving!	13	14 BJJ Seminar 7:00pm	15	16	17
		18	19	20	21	22	23 Halloween party Movie Night 6:00-9:00 (No Classes)	24
		25	26	27	28	29	30	31 Happy Halloween!
<b>October</b>	<b>2015</b>							