



EVOLUTION MARTIAL ARTS

# THE REVOLUTION #82 – FEBRUARY 2015

## 2015 Camps!

### March Break Camp

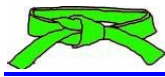
March 16<sup>th</sup>-20<sup>th</sup> Fun Games, karate classes, special events, pizza party and more!  
Full and half day, full week and individual days available!

Summer Fun Camp – July 6<sup>th</sup>-10<sup>th</sup>

Summer Fun Camp – August 10<sup>th</sup>-14<sup>th</sup>

Leadership Camp – July 6<sup>th</sup>-10<sup>th</sup>

### Stripe Testing Feb2nd – 7<sup>th</sup>



### Next Weapon – Bokken! (sword)

Foam Bokken - \$27.99 + tax

Now Available! Chrome sword (black belts only) - \$199 + tax  
Order yours today!

### Team Evolution

Our next tournament is Feb.27<sup>th</sup>-Feb28

Haber Recreation Centre,  
3040 Tim Dobbie Dr. Burlington

## **Buddy Bully Buster Movie Night!**

Friday February 13<sup>th</sup>  
6:00-9:00



-bully seminar  
- pizza & cool movies!

\$19.99 per person / \$29.99 per family  
**BUDDY FREE!**

### EMA Birthday Parties!

Fun karate themed birthday party! Karate class, boppers, board breaking and more!  
We provide the invitations, pizza, juice, decorations, cutlery and goodie bags!  
Space is limited to send an email if you are interested!

<p align="center"><b><u>Circuit Workout</u></b>  <b><u>30 min!</u></b>  Tuesdays – 5:30-6:00  Thursdays – 6:00-6:30</p> <p align="center">8 classes - \$20  Introductory price</p> <p align="center">Cardio, Strength, core!</p>	<p align="center"><b><u>Students of the Month</u></b></p> <p><b>Valentina-</b> Valentina is very focussed in class. Keep up the great work Valentina!  <b>Jeremy-</b> Jeremy has gone above and beyond. Raising money for CF and always willing to help others! He is an amazing Black belt!</p>
<p align="center"><b><u>FREE Women`s Self Defense Clinic</u></b>  Ages 14 and up</p> <p align="center">Wed. Feb. 11<sup>th</sup>  7:00-7:45</p> <p align="center">Come and try it out!</p>	<p align="center"><b><u>Dragons and Ninjas vs. Parents</u></b>  <b><u>Bopper Challenge!</u></b>  Sat. Feb. 7<sup>th</sup>  11:15-11:45</p> <p align="center"><b><u>Closed</u></b></p> <p align="center">Sat. Feb. 14<sup>th</sup>- Mon. Feb 16<sup>th</sup>  Happy Valentine`s Day &amp; Happy Family Day!</p>

February	Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6	7 Dragon/Ninja Bopper Challenge 11:15-11:45
	8	9	10	11 Free Womens self defense 7-7:45	12	13 Buddy Bully Buster Movie Night 6:00-9:00	14 Closed Happy Valentines Day
	15	16 Closed Happy Family Day	17	18	19	20	21
	22	23	24	25	26	27	28
<b>2015</b>							