

EMA

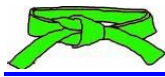
EVOLUTION MARTIAL ARTS

THE REVOLUTION #81 – JANUARY 2015

Martial Arts and School

We feel our martial arts classes are just as important to a child as their academic classes. In fact the life skills of respect, focus, self confidence, determination, leadership, the black belt "yes I can" attitude that we teach can have positive life- long effects. A lot of these life skills are not part of most children's regular educations. As parents we know what is best for our children. What they eat, watch play etc. Children sometimes live in the moment. Would you give them a new video game, let them play 5 mins and then tell them they can keep playing or get ready for school? We know what most of them would pick. As parents we need to sometimes make the decision for our children because we know what is best for them in the long run. Is it a coincidence that many of our jr. black belts also excel at school, sports or other activities? We can include our children in choosing a "want" but sometimes as parents we choose the "need."

Stripe Testing Jan 5th-10th



January for FREE!

For our New Year Special we are offering any parents, sibling or friends that have never tried karate to try out January for FREE!

Get fit and have fun with martial arts or BJJ!

Talk to Gord or Ashley for details!

Dodgeball/ Movie Night

Friday January 16th
6:00-9:00



-dodgeball!

- pizza & cool movies!

(2 movies older and younger)

\$19.99 per person / \$29.99 per family

EMA Birthday Parties!

Fun karate themed birthday party! Karate class, boppers, board breaking and more!

We provide the invitations, pizza, juice, decorations, cutlery and goodie bags!

Space is limited to send an email if you are interested!

<p><u>Tactical training</u></p> <p>Friday January 30th 5:30/6:00 – 7:30/8:00</p> <p>Teen and adults only Indoor shooting Centre</p> <p>Urban Tactical 18 Zatonski Ave Brantford, ON</p> <p>Cost approx. \$70 Please see Gord if you are interested!</p>	<p><u>Students of the Month</u></p> <p>Noah Topper- Noah works hard and stays focussed every class. Way to go Noah! Justin Somerville- Justin is a very hard working student and is always willing to reach for black belt excellence! Awesome job Justin!</p>
	<p><u>Try Team Evolution for the month of January!</u></p> <p>Have you thought of being part of the Competition team? Well come and try competition class for the month of January for free! Dragons – Mon. at 4:30 Kids – Mon. at 6:30 Adults & Black belts- Thurs. at 6:45</p>

January	Sun	Mon	Tue	Wed	Thu	Fri	Sat	
					1	2	3	
	4	5	6	7	8	9	10	
		←-----Stripe testing-----						
	11	12	13	14	15	16 Dodgeball Movie Night 6:00-9:00	17	
	18	19	20	21	22	23	24	
	25	26	27	28	29	30 Tactical Training	31	
2015								