



EVOLUTION MARTIAL ARTS

# THE REVOLUTION #72 – MARCH 2014

### Important EMA Dates!

Ancaster Parade – Sat. June 14<sup>th</sup>

June Belt Testing- June 3<sup>rd</sup>-5<sup>th</sup>, Graduation Fri. June 6<sup>th</sup>

EMA Summer Break/World Martial Arts Championships  
July 7<sup>th</sup> -12<sup>th</sup>

Summer Camps- July 21<sup>st</sup>-25<sup>th</sup> – Summer fun camp  
August 11<sup>th</sup>-15<sup>th</sup> – Leadership Camp

Cactus Fest parade Thurs. August 14<sup>th</sup>

Belt Testing – August 25<sup>th</sup>-27<sup>th</sup> , Graduation Thurs, Aug. 28<sup>th</sup>

December Banquet Tuesday Dec. 2<sup>nd</sup>

### Team Canada Evolution!

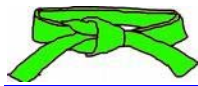
We will be competing at the  
U.S Open World Martial Arts Championships,  
in Orlando Florida.

The Team will be going down during our July break  
to compete as Team Canada.

This is open to all students on the  
EMA Competition Team.

For more information please speak with Sensei  
Gord or Ashley

### Belt Testing March 1<sup>st</sup>, 3<sup>rd</sup>, & 4<sup>th</sup>



### Graduation

Wednesday March 5<sup>th</sup>, 6:00pm  
(doors open at 5:40)

Here at EMA!

Belts, Awards, demos!

### Team Canada Kick-a-thon!

Saturday March 29<sup>th</sup>

During your regular class!

All proceeds will go to help those students competing  
for Team Canada!

Every little bit helps! We appreciate all your support!  
Everyone can participate!

## **Beach Party Movie Night**

Friday March 21<sup>st</sup>, 6:00-9:00pm

Limbo, beach volleyball, hoola- hoop,  
Hawaiian shirt contest!

Pizza & cool movies!



\$19.99 /\$29.99 per family

### NEXT WEAPON – Kamas!

Starting March 6<sup>th</sup>

Dragons - \$24.99 + tax (blue plastic)

Kids - \$29.99 + tax (red plastic)

Competition team may get metal kamas –  
please see the front for details

## March Break Schedule

### Sat. March 8<sup>th</sup>

Adult karate & all BJJ  
8:00-8:45  
All kids - 8:45-9:30  
Dragons & Ninjas  
9:30-10:00

### Tues. March 11<sup>th</sup>

Dragons & Ninjas  
5:15-5:45  
All kids 5:45-6:30  
Kids & Adult sparing  
6:30-7:00  
Adult karate: 7:00-7:30  
12 noon

### Thurs. March 13<sup>th</sup>

Dragons & Ninjas- 5:15-5:45  
All kids- 5:45-6:30  
Adults karate – 6:30-7:15  
12 noon  
BJJ- 6:30-7:15

### Mon. March 10<sup>th</sup>

Dragons – 5:15-5:45  
All kids – 5:45-6:30  
Adult karate -6:30-7:15  
BJJ- 6:30-7:15

### Wed. March 12<sup>th</sup>

Dragons 5:15-5:45  
All kids 5:45-6:30  
Adults karate – 6:30-7:15  
BJJ- 6:30-7:15

### Fri. March 14<sup>th</sup>

Demo Tricks  
4:30-5:00  
5:00-5:30  
No other classes

Closed Saturday March 15<sup>th</sup>

## Buddy Day!

Saturday March 22<sup>nd</sup>!

Bring a friend to your karate class!  
You get to help them learn some cool karate moves!

(Parental permission needed)

### BJJ Testing

Monday March 24<sup>th</sup>  
Wednesday March 26<sup>th</sup>  
Thursday March 27<sup>th</sup>  
During regular class

### Students of the Month!

Dragons: **Evan Soth** – Keep up the great work in class Evan!  
Kids: **Steven McCall**- Steven is a very dedicated student! We are proud to have him at EMA!

March	Sun	Mon	Tue	Wed	Thu	Fri	Sat
							1 Belt Testing
	2	3 Belt Testing	4 Belt Testing	5 <u>Graduation</u> Doors open at 5:40 No classes	6 Kamas start	7	8 Special Schedule
	9	10	11	12	13	14	15 Closed
	16	17	18	19	20	21 Beach Party movie Night 6:00-9:00	22
2014	23 30	24 BJJ testing 31	25	26 BJJ testing	27 BJJ testing	28	29 Team Canada Kick-a-thon!