



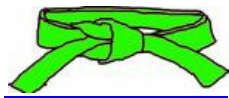
EVOLUTION MARTIAL ARTS

THE REVOLUTION #62 – MARCH 2013

“We are a Black Belt School!”

Our goal is to help each student grow and strengthen the black belt in themselves. 50% of becoming a black belt is physical. Strength, speed, flexibility, self defense, skill and technique. The other 50% is focus, dedication, self confidence, discipline, kindness, respect and so much more. Developing that “never give up” or Black Belt Attitude is huge, when it is so easy to give up or move on to the “next” thing in today’s world. This is also why martial arts is not a sport, but a way of life. A true black belt uses their training in all aspects of their life. This is true for our newest 3 year old to our biggest adult. Ashley and I are lucky to be able to teach something we love and hopefully have even the smallest positive impact on someone’s life. There will always be struggles on each person’s individual journey however, we will never give up (Black Belt Attitude) on our students!

Belt Testing Sat. March 2nd- Wed. March 6th



Closed

EMA will be closed Fri. March 29th- Monday March 1st
Happy Easter!

EMA Graduation!!!

Thursday March 7th-6:00-7:00pm
Here at EMA!

Belts, awards, demos, new black belts, pizza!
Don't forget your kamas!

(No regular classes this night)

Easter Egg Hunt & Movie Night!

Friday March 22nd, 6:00-9:00pm

Awesome Easter Egg Hunt, plus a surprise treat to take home!
Pizza & cool movies!



\$19.99 per child (sorry no tickets)
Due when signing up

Space is limited!

BJJ Seminar!

Monday March 18th

With Professor Danny!

Kids – 6:45-7:30

Adults – 6:45-8:00

No regular adult karate this night

March Break Camp!

½ and full day available, full week or single

Mad science, Reptile show, gymnastics, pizza party, karate everyday, dodgeball, arts and crafts and much more!

Space is limited so register today!

Adult WYO & GPB

Special blocking class with Sensei AI!

Monday March 25th – 7:30-8:15

Competition Team!

Our next Tournament will be on Sat. May 4th In Kitchener!

If you are interested in becoming part of 'Team Evolution' please talk to Sensei Ashley

Students of the Month

Dragons – **Tristan DeBoer** – Tristan is new to EMA and has already been training like a black belt! Awesome!

Kids – **Brennan Chaplin-Shiga** – Brennan has picked it up in Advanced class! Keep up the great work!

Adults – **David Lezon**- Dave is a committed member of our BJJ class. Awesome work Dave!

	Sun	Mon	Tue	Wed	Thu	Fri	Sat	
						1	2 Black belt test 11:30am Belt testing	
	3	4	5	6	7 Graduation 6:00pm	8	9	
		←-----Belt testing-----						
	10	11	12	13	14	15	16	
		←-----March Break Camp-----						
	17	18 BJJ Seminar 6:45pm	19	20	21	22 Easter Egg hunt movie Night 6:00-9:00	23	
	24	25 Sensei AI 7:30	26	27	28	29 Good Friday Closed	30 Closed	

March

2013