



EVOLUTION MARTIAL ARTS

# THE REVOLUTION #59 – NOVEMBER 2012

## Bullying – It has to Stop

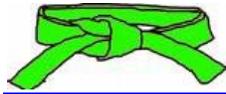
Please know we are always available if you need any help with any bully situation. This has been a hot topic in the news for a little while now.

There are many types of bullying - from pushing and hitting, alienation from a group or spreading hurtful rumours to Internet bullying. Make sure you let your child know it's always ok to talk to you, their teachers and us about any bullying situation. Even if they were able to deal with it - it should be reported. Martial arts not only teaches the appropriate physical response to bullies but also grows the self confidence ( over time ) to better cope with situations. However the situation can be so against a child, help will be needed. Of course first talk with the teacher, principal or adult in charge. Most schools and other establishments have a "zero tolerance" policy in effect when it comes to bullying - many are very good - however some leave a lot to be desired. We recommend that if you are unsatisfied with the schools response you go directly to the school board. Do not take a "We will look into it ." ask for follow ups - make sure they know you will. Calling the police is also an option for some physical encounters.

Internet Bullying - The Internet can be an awesome place and also a very dangerous place to those not ready. Parents should have account access to all their children's emails, facebook etc. Know who talks to your children and what they are saying. I have heard people say " I don't want to know what my ( 14 ) daughter does on facebook." Children are still children and they need discipline and guidance. Every picture, every word they post is available for the world to see - they need to understand this. Posting their cel number which many can be tracked is not safe.

What I have never understood is how we see things differently for children at school to the average person on the street. If 2 people assaulted and beat you on the street or your works parking lot - how is that different then that happening to your child at school?

### Belt Testing Tues. Nov 27<sup>th</sup> – Mon. Dec 3<sup>rd</sup>



### **EMA Holiday Banquet & Graduation!**

Tuesday December 4<sup>th</sup>, Arrive 5:30-6:00

Grad starts at 6:00pm (till 9:00)

-5-course meal, Cash bar

-Grad demos & belts

-New EMA movie S.M.A.S.H 2

-Awards

-Door prizes and more!



At the Marquis Gardens, Ancaster  
Tickets on sale now (\$34.00 per ticket)  
Space is limited

## **Air Blasters**

## **Movie Night**

Friday Nov. 16<sup>th</sup>, 6:00-9:00pm

Bring your own air blaster, Pizza, Cool Movie!



\$19.99 /\$29.99 per family

### NEXT WEAPON - KAMAS!

Kids – durable plastic – blue or red

\$29.99

Black belts can choose plastic or metal

Plastic - \$29.99

Metel- Red, black, or blue - \$59.99

(kids will need kamas for their next form)

Dracons and ninjas will not be using kamas

# 1st Annual EMA Championships

Saturday November 24<sup>th</sup>  
Starting at 9:00am

- Open to all EMA students!
- Forms
  - Sparring
  - Musical forms/weapons
  - BJJ

Cost - \$25 for all events  
Everyone receives an award!  
(no regular classes this day)

## EMA Holiday Sale!

Saturday December 1<sup>st</sup>  
8:00-11:15am

- Special Holiday items
- Discounted/ clearance items
- Special order items

## December Special event

Stay tuned for a special FREE event in December!  
You won't want to miss it!

## Happy Birthday!

Christopher Burley, Grady Carson, Roberta Crowther, Callen Deketele, Adrian Filice, Kyle Foster, Nick Lehman, Hala Mair, Ethan Stoltz, Kevin Beamer, Riven Schmidt, Dhruv Kohli, Tomas Pasalic, Alex Shuttleworth

## Students of the Month

Dragons – Ilija Lukic  
Kids – Drew Howlett  
Adults- Ben DeBoer

	Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>November</b>					1	2 Special Demo team party 6:30-7:30 (no kids BJJ)	3
	4	5	6	7	8	9	10
	11	12	13	14	15	16 Air Blasters movie Night 6:00-9:00	17
	18	19	20	21	22	23	24 EMA Championship 9:00am
	25	26	27	28	29	30	1 Holiday Sale
	<b>2012</b>			←----- Belt testing -----→			