

THE REVOLUTION #55 – JUNE 2012

Belt Testing
Wed. May 30th – Mon. June 4th

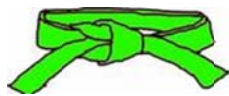
Graduation
Tuesday June 5th – 6:00-7:00
“Picnic Grad” – don’t forget your blanket!

Black Belt Test
Sat. June 2nd – 11:30-1:00

Nunchucks start Wed. June 6th!



Stripe Testing 25th-28th



Music Video Movie Night!

Friday June 15th 6:00-9:00pm
We will make some music videos to
some hit songs! Plan your groups now!



\$19.99 /\$29.99 per family

Special classes Sat. June 9th!

8:00-8:45 - Family Self Defense class
(for all students & parents)

8:45-9:30 – Free Womens self defense
clinic

(no other classes this day)

Jiu-Jitsu Seminar!

Wed. June 13th, 6:45 – 8:30
With Professor Dan Moroney



Kids – 6:45-7:30
Adult/teen- 6:45-8:00
No regular adult karate or BJJ this night

Krav Maga Testing

Tuesday June 12th
Wednesday June 13th
Thursday June 14th

Sensei AI Seminar!

Monday June 11th – 7:30-8:30

(No regular Adult Karate this night)

Summer Schedule!

Starts Monday June 18th!

(Kids Morning classes are ONLY
for July & August)

Students of the Month

Dragons: Caleb Sherbino - Caleb has just moved up from Ninjas and is doing great in Dragons. Keep up the awesome work!

Kids : Ben Broadbent – Ben works hard in class & has now started in Jiu-Jitsu! Keep up the great work!

Adults: Sheldon Norton – You rock! Sheldon always works hard in class, and strives for his best!

Happy Birthday!

Kai Bart, Charlotte Carmichael, Ryan Cooke, Jim Higginson, Kyle Johnson, Alicia Lezon, Joseph Stechey, Serena Stravato, Mustafa Haddad, Kaitlynn Moll, Sensei Gord, Sensei Ashley

	Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 Open Forms 6:30-7:15 (no BJJ)	2 Black Belt test 11:30-1:00
				←-----Belt Testing-----			
	3	4 Belt Testing	5 Graduation (no reg. classes)	6 Nunchucks starts!	7	8	9 Family class Womens self defense
	10 Fitness Class 9:15-10:15	11 Sensei AI Karate seminar	12	13 BJJ Seminar	14	15 Music Video movie Night 6:00-9:00	16
			←-----Krav testing-----				
	17	18 Summer schedule starts	19	20	21	22	23
	24 Fitness Class 9:15-10:15	25	26	27	28	29	30
		←-----Stripe testing-----				←----- Closed-----	

June

2012