



EVOLUTION MARTIAL ARTS

THE REVOLUTION #54 – MAY 2012

"What's with the big teddy bear?" - "Who are those prizes for?" - Are just a few of the questions from many of the newer members to our EMA family.

First - Martial Arts is NOT a sport. It is a way of life. There is no season for respect - no try outs for confidence - self defense is never a game - life skills are for... life.

(Don't get us wrong sports can be a good thing to any ones life.) So we do not ever stop having a "Black Belt Attitude" - all true martial artist are students for life.

"Summer Prizes" kids can earn tickets for each class attended, focus, respect, books read, student of the month, stripe testing etc., This keeps the kids excited and a little extra motivation can go a long way. They earn tickets for a chance to win prizes for having a black belt attitude. At the end of the summer we will have a party and draw for the prizes - the more tickets they earn the more chances to win! We do this for all of July & August.

Adults & Teens - look out for special gift cards (movies, restaurants etc.,) handed out to the very dedicated this summer as well!

Special Classes / Events - "Survivor Sparring", Boppers, parades, festivals, demos (Yes EMA will be demonstrated at the Ti-Cats again this year!). Family Picnic and more

We know in summer there is:

Hot weather - we have air conditioning! T-shirts can be worn instead of full uniform top.

Vacations - we offer summer camps, curriculum day camps (worth 6 - 8 classes), day classes - all to allow for everyone to easier maintain dedication and still advance their level in summer time.

Black Belt = consistent dedication. A week or two off here or there will not affect a martial artist (in fact it is needed). Too long of a break however can cause a real drop in ability and motivation. As Instructors this is one of our biggest concerns to have an highly motivated student on a path to black belt excellence lose focus due to an extended break. That is why we try to make summer a great time to train at EMA!

Belt Testing May 30th – June 4th



Black Belt test – Sat. June 2nd, 11:30-1:00

Graduation!

Tuesday June 5th, 6:00-7:00pm

"Picnic Grad". Bring a Family sized blanket (for your whole family) to sit on the side lawn at EMA for our special outdoor Grad!

EMA will only be open for washroom use this night.

You may bring a lawn chair but it must be set up behind all the people sitting on blankets.

Fireworks

Movie Night!

Friday May 18th , 6:00-9:00pm

Pizza, cool movies, Fireworks show!



Space is limited!

\$19.99 per person/ \$29.99 per family

EMA Closed

Saturday May 19th - Monday May 21st

Have a great long weekend!

<p align="center">Teen/Adult Street Class Tuesday May 8th, 7:00-8:00pm</p>  <p align="center">No other Adult classes this night Social After</p>	<p align="center">Open Forms Championships! Friday June 1st, 6:30-7:15 (no kids BJJ this night) Divisions: WYO GPB B,R,R/B Jr. BLACK You must bring your own music on CD or Ipod. Weapons/ costumes allowed Less than 1 min. in length</p>
<p align="center">Special Class times Sat. May 5th</p> <p align="center">Adult karate/Krav – 8:00-8:45 Kids (all belts) – 8:45-9:30 Ninja & Dragons – 9:30-10:00</p> <p align="center">Closed at 10:00am for all other classes</p>	<p align="center">Next BBC Weapon Nunchaku</p>  <p align="center">Dragons - \$12.99 Kids - \$24.99/\$29.99 for fancy Order early! (Starts June 6th)</p>
<p align="center">Students of the Month</p> <p>Dragons: Nicole Kelly-Elder Kids : Daisy Jones Adults: Jim Higginson</p>	<p align="center">Happy Birthday!</p> <p>Gillian Baker, Michael Barone, Drew Howlett, Devon Johnson, Alex Macdonald, Chase Norton, Jolie Gallacher, Karl Kinsella,</p>

May	Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4	5 Special Class times
	6	7	8 Teen/adult street class 7-8pm (no BJJ)	9	10	11	12
	13 Fitness Class 9:15-10:15	14	15	16	17	18 Fireworks movie night 6:00-9:00	19 Closed
	20 Closed	21 Closed	22	23	24	25	26
	27 Fitness Class 9:15 <u>Tournament</u>	28	29	30	31	1 Open forms 6:30-7:15	2 Black Belt test 11:30-1:00
	2012	←-----Belt testing-----→					