

# EMMA

EVOLUTION MARTIAL ARTS

## THE REVOLUTION #31—FEBRUARY 2010

### March Break Camp!

March 15<sup>th</sup>- 19<sup>th</sup>

- Karate, games, arts & crafts, movies, gymnastics, pizza party, prizes, boppers, Reptile man! Safe, clean positive camp run by Gord & Ashley!

### Summer Camps

- Fun Camps  
July 5<sup>th</sup>-9<sup>th</sup> & August 16<sup>th</sup>-20<sup>th</sup>
- Leadership/Skills Camp  
July 26<sup>th</sup>-30<sup>th</sup>
- New! Dragons ½ day fun camps (8:30-12:30)  
July 5<sup>th</sup>-9<sup>th</sup> & August 16<sup>th</sup>-20<sup>th</sup>

### Family

Over the years, teaching many students it has become obvious to us how important family is. To see a child's face light up when they are getting a belt or achieving a goal is always a great thing. However it is when their parents show pride in them you see true happiness. We have learned as instructors that the smallest word or look can have an incredible effect on a child. We know the world is a busy place and ends have to be met, however we should make time for those closest to us. Those small words, pat on the back, or hug can make a huge difference in a child's life. It is so apparent to us when a child tries harder in class because Mom or Dad is watching. They want them to be proud. Be a "Black Belt" parent to your child. Show those closest to you how much they mean to you. It is too easy to take each other for granted.

Thank you for nominating us for the Readers Choice Awards! Voting starts Feb. 18<sup>th</sup> to Feb. 27<sup>th</sup>.  
Please Vote!

### Stripe Testing For Karate

Monday Feb. 8<sup>th</sup> – Friday Feb. 12<sup>th</sup>



### Closed

Monday February 15<sup>th</sup> for Family Day



## BBC CLASS



Friday's 6:30-7:15

Friday Feb 5<sup>th</sup>: Advanced Kicks Seminar  
Friday Feb 26<sup>th</sup>: "Air Blasters Team Challenge"

### Next BBC Weapon SAIS!

Starts Monday March 15<sup>th</sup>



Rubber \$27.99 + tax



Black Belts can order  
Aluminium starting at \$54.99

## **Free Valentines Party**

Friday February 12<sup>th</sup>  
6:30-7:30



Games. Goodies  
Sign up today!

## «Beach Party Movie Night!»

Friday Feb. 19th  
6:30-9:30



- Beach Volleyball
  - Limbo
  - Prizes
  - Pizza

Cost: \$14.95/\$24.95 per family

## Special Family Class

Saturday Feb. 13<sup>th</sup>, 9:00-10:00AM  
(no regular classes this day)



- Kids learn Stranger Danger
- Parents/Adults how to protect your children or spouse
- Open to all parents, spouses and siblings of all our students

Refreshments afterwards

Please e-mail if you are attending and how many people

### February Birthdays

Don Bourguignon, David Cioch, Haig Jamkodjian,  
Sarah Prince, Tyce Slack, Cameron Palcik

### December & January Student's of the Month

Dragons: Ethan Lezon & Matteo Carestia  
Kids: Darian Odoardi & Christopher Pappin

	Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5 BBC Advanced Kicks	6
	7	8	9	10	11	12 Free Valentines party 6:30-7:30	13 Special Family Class 9-10AM
	14	15 Closed Family Day	16	17	18	19 Beach Party Movie Night 6:30-9:30	20
	21	22	23	24	25	26 BBC Air blasters Challenge	27
	28						

February

2010