

# EMA

EVOLUTION MARTIAL ARTS

## THE REVOLUTION #28 – OCTOBER 2009

### Do's and Don'ts of Motivation

A lot of parents use us as leverage with their children. Part of a child's progression to their next belt is based on home and school as much as their karate classes. Here are some "Do's and Don'ts" for this:

- DO – "How would Sensei Gord/Ashley like to see you do on your work?"
- DON'T - "Sensei Gord/Ashley would be very disappointed in you, and not test you"

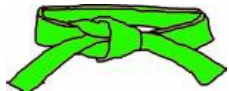
Use us to motivate, not scare. Every now and then we hear "Johnny loves karate class but isn't focused at school, so we are cutting out his karate until he behaves." Don't take something that is a positive influence (which are few and far between these days) away from your child. Bring them in and let us all have a chat and see if we can create a positive change together. We are here to help your child become a positive and successful individual!

### EMA Holiday Banquet Tickets on Sale Now!

Tuesday December 8<sup>th</sup>

Belts, Certificates, awards, 6 course meal, and more!

Stripe testing  
October 5<sup>th</sup>-9<sup>th</sup>



EMA will be closed Oct. 10<sup>th</sup>- Oct. 12<sup>th</sup>  
Happy Thanksgiving!

### ***EMA Paintball Challenge***

Sat. Oct 3<sup>rd</sup>, 12 noon



Sign up Now!

### ***"Talent Show" Movie Night***

Fri. Oct 16<sup>th</sup>, 6:30-9:30

Music-magic-dance-karate-sign-comedy  
Perform a talent (under 2min)  
PIZZA  
PRIZES  
COOL MOVIE  
Cost \$14.95/\$24.95 per family



### BBC Classes

Fri. Oct. 9<sup>th</sup>- Open Forms 6:30-7:15  
Fri. Oct. 23<sup>rd</sup> -Advanced Kicks & Kicks  
6:30-7:15

**Karate Seminar**  
**Mon. Oct. 19<sup>th</sup>, 6:30-8:00**



With 7<sup>th</sup> degree Master Al Acertio  
**Sign up Now!**  
 (No grappling this night)

***Halloween Party & Haunted House!***

**Friday Oct. 30<sup>th</sup>, 6:00-8:00pm**

Lots of goodies, Costume contest, cool prizes, trips through the haunted house if you dare...



Cost: \$5.00 per person  
 Siblings and buddies welcome, sign up now

**Students of the Month**

Dragon's: Cameron Palcik  
 Kids: Jeffrey Smith

**YOU ROCK!**

**FREE Women's Self-Defense Class**

**Wednesday Oct. 28<sup>th</sup>**  
**6:30-7:30**

**Sign up now!**

**Happy Birthday!**

Rich Campbell, Eric Cook, Shah Malix, Oliver Mustiano, Liam Pasinato, David Pearson, Brodie Simpson, Chloe Sincerbox, Sam Sincerbox, Justin Somerville, Holly Wilson, Andreas Kyprianou

**Special Bopper Day!**

**Sat. October 17<sup>th</sup>, during regular class!**

	Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2 Death Claw III 6:30-8:00	3 Paintball 12 noon
	4	5	6	7	8	9 BBC open Forms 6:30-7:15	10 Closed
	11 Closed	12 Happy Thanks-giving Closed	13	14	15	16 Talent show Movie Night 6:30-9:30	17 Bopper Day
	18	19 Karate Seminar 6:30-8:00	20	21	22	23 BBC Adv. Kicks & Tricks 6:30-7:15	24
	25	26	27	28 Free women's self-defense 6:30-7:30	29	30 Halloween party & haunted house 6:00-8:00	31

**October**

**2009**