

# EMA

EVOLUTION MARTIAL ARTS

## THE REVOLUTION #18 – OCTOBER 2008

Trick-or-Treaters	Halloween Safety Tips Parents	Homeowners
<ul style="list-style-type: none"> <li>• Carry a flashlight</li> <li>• Walk, don't run</li> <li>• Stay on Sidewalks</li> <li>• Obey traffic signals</li> <li>• Stay in familiar neighbourhoods</li> <li>• Don't cut across yards or driveways</li> <li>• Wear a watch you can read in the dark</li> <li>• Make sure costumes don't drag on the ground</li> <li>• Shoes should fit (even if they don't go with your costume)</li> <li>• Avoid wearing masks while walking from house to house</li> <li>• Carry only flexible knives, swords or other props</li> <li>• If no sidewalk, walk on the left side of the road facing traffic</li> <li>• Wear clothing with reflective markings or tape</li> <li>• Approach only houses that are lit</li> <li>• Stay away from and don't pet animals you don't know</li> </ul>	<ul style="list-style-type: none"> <li>• Make your child eat dinner before setting out</li> <li>• Children should carry quarters so they can call home</li> <li>• Ideally, young children of any age should be accompanied by an adult</li> <li>• If your children go on their own, be sure they wear a watch, preferable one that can be read in the dark</li> <li>• If you buy a costume, look for one made of flame-retardant material</li> <li>• Older children should know where to reach you and when to be home</li> <li>• You should know where they're going</li> <li>• Although tampering is rare, tell children to bring the candy home to be inspected before consuming anything</li> <li>• Look at the wrapping carefully and toss out anything that looks suspect</li> </ul>	<ul style="list-style-type: none"> <li>• Make sure your yard is clear of such things as ladders, hoses, dog leashes and flower pots that can trip the young ones</li> <li>• Pets get frightened on Halloween. Put them in to protect them from cars or inadvertently biting a trick-or-treater</li> <li>• Battery powered jack o'lantern candles are preferable to a real flame</li> <li>• If you do use candles, place the pumpkin well away from where trick-or-treaters will be walking or standing</li> <li>• Make sure paper or cloth yard decorations won't be blown into a flaming candle</li> <li>• Non-food treats: plastic rings, pencils, stickers, erasers, coins</li> </ul>

<p>EMA will be closed on</p> <p>Saturday, October 11<sup>th</sup>            Sunday, October 12<sup>th</sup>            Monday, October 13<sup>th</sup></p>	<p>October Bopper Movie Night!            Friday, October 17<sup>th</sup></p> <p>Scary movie for kids 10 &amp; up –            a little less scary movie for kids            under 10</p> <p>As always – pizza, games and prizes!            Cost \$14.95/person OR \$24.95/family</p> <p>You can also order a bopper – reg. \$32 for only            \$24.95 for this event only.</p>
<p>Kids BBC – 6:30-7:15</p> <p>Friday, October 3<sup>rd</sup>            Advanced Kicks with            Sensei Ashley</p> <p>Friday, October 10<sup>th</sup>            Open forms seminar</p>	   
 	

<p><b>Photo Day – October 10<sup>th</sup> – 5-7pm</b></p> <p>Register your time a the front counter</p>  <p><b>Full Uniform!</b></p>	<p><b>Stripe Testing – Oct 6<sup>th</sup> – 10<sup>th</sup></b></p>
 <p><b>Free Halloween Party &amp; Haunted Obstacle Course</b></p>  <p><b>Friday, October 24<sup>th</sup> – 6:30-8:00pm</b> Games, goodies, costume contest, trip through the haunted obstacle course – can you survive!</p>    <p><b>Closed – Fri, Oct 31<sup>st</sup> – Happy Halloween!</b></p>	<p><b>BJJ / Grappling Seminar</b></p> <p><b>Wednesday, October 22<sup>nd</sup> – 7-9 pm</b> <b>With Dan Moroney</b></p> <p><b>Cost: EMA Students \$10; Non-members \$20</b></p>
<p><b>Students of the Month</b></p> <p>Dragons: Colin DiFederico Kids: Jordan Nelson</p>	<p><b>Free Halloween &amp; Stranger Danger Seminar</b></p> <p><b>Saturday, October 25<sup>th</sup> – 11-11:45am</b> <b>Ages 5 &amp; up – open to all students and friends.</b></p>  <p><b>Parents <u>should</u> attend!</b></p> <p><b>October Birthdays</b></p> <p>Rich Campbell    Chloe Dickson    Andreas Kyprianou Eric Cook        Bobby Fairfield-Lonz    Oliver Mustiano David Pearson    Brodie Simpson        Holly Wilson</p>

<b>October</b>	<b>Sun</b>	<b>Mon</b>	<b>Tue</b>	<b>Wed</b>	<b>Thu</b>	<b>Fri</b>	<b>Sat</b>
				1	2	3 BBC Advance Kicks	4
	5	6	7 Sparring	8	9	10 BBC Open Forms Photo Day 5:00-7:00	11 Closed
	12 Closed	13 Happy Thanksgiving! Closed	14 Ground	15	16	17 Bopper Movie Night 6:30-9:30	18
	19	20	21 Sparring	22 Grappling Seminar 7-9pm	23	24 Free Halloween Party & Haunted Obstacle Course 6:30-8:00	25 Free Halloween Stranger Danger Seminar 5& up 11-11:45
	26	27	28 Take downs	29	30	31 Closed Happy Halloween!	
<b>2008</b>							