

EMA

EVOLUTION MARTIAL ARTS

THE REVOLUTION #17 – SEPTEMBER 2008

Hope everyone had a great summer! For those that continued training – WOW, you all look sharp. For all our friends coming back – we are so happy to see you and get you motivated & back on track! We are working hard to make the school the best it can be for you. As always any input you have is invaluable to us. We love hearing ideas from parents & students alike. Please talk with us, phone or email any suggestions. We have so much fun stuff planned for the up coming months – Haunted House & Halloween Party, Grappling Seminar our Year End Banquet & Grad. We will also have instructors coming from all over Canada & parts of the US to train in CKM now that Gord is the CKM National Canadian Director. Ashley continues to work with the Demo Teams & they are looking 'World Class' & only getting better. Tina and Cindy continue to motivate & get people into shape the fun way in the Reality Fitness classes. We are proud to have a bunch of new Black Belts to add to our ranks this September. It's going to be a great fall here at EMA. Gord & Ashley

EMA will be closed on

Saturday August 30th
Sunday August 31st
Monday September 1st



Happy Long Weekend!

Stripe Testing – Sept 2nd – 6th

Black Belt Test - Saturday Sept 6th
11:30 – 1:00 pm

Kids End of Summer Party & Prize Draw

Friday, Sept 5th
6:30 – 7:30

Graduation!

Saturday, September 13th
11:30 – 12:30 Here!

- New Black Belts
- Demos
- Pizza & Prizes



You must be present to win prizes!

<p style="text-align: center;">Demo Teams Filming Friday, Sept 5th during your regular class – full uniform</p> <p style="text-align: center;">Finish filming DCII Friday, Sept 5th – 7:30-8:30</p>	<p style="text-align: center;">Buddy Board Break Movie Night Pizza & Prizes</p> <p style="text-align: center;">Friday, Sept 19th - 6:30-9:30</p> <p style="text-align: center;">Cost \$19.95 <i>(includes 2 boards for you and 1 for a buddy)</i></p> <p style="text-align: center;">Family Price \$39.95 <i>(2 kids & 2 buddies, 3 kids & 3 buddies, etc.)</i></p>															
<p style="text-align: center;">Adult UFC Social Tues, Sept 23rd – 8-10pm Snacks provided Please bring your own “refreshments”</p> <div style="display: flex; justify-content: space-around;">    </div> <p style="text-align: center;">Come watch some of the best fights from the past & present. Spouses/parents welcome too!</p>	<p style="text-align: center;">Kids BBC Classes</p> <p style="text-align: center;">Friday, Sept 12th – CKM Self Defense</p> <div style="text-align: center;">  </div> <p style="text-align: center;">Friday, Sept 26th – Sparring</p>															
<p style="text-align: center;">Students of the Month</p> <p>Dragons: Maha Elhamalawy Kids: Nicholas Carino</p>	<p style="text-align: center;">Next Weapon “Bo” Staff starts Mon Sept 8th</p> 															
<p style="text-align: center;">September Birthdays</p> <table style="width:100%; border: none;"> <tr> <td style="border: none;">Graham Cook</td> <td style="border: none;">Robby Jewiss</td> <td style="border: none;">Nicholas Zyba</td> </tr> <tr> <td style="border: none;">Andrew Crowther</td> <td style="border: none;">Aiden Kaminski</td> <td></td> </tr> <tr> <td style="border: none;">Ian Dayes</td> <td style="border: none;">Eathan Lezon</td> <td style="border: none;">Happy Birthday to all!</td> </tr> <tr> <td style="border: none;">Sean Dayes</td> <td style="border: none;">Jordan Nelson</td> <td></td> </tr> <tr> <td style="border: none;">Simon Jeeves</td> <td style="border: none;">Kyle Nikolaou</td> <td></td> </tr> </table>	Graham Cook	Robby Jewiss	Nicholas Zyba	Andrew Crowther	Aiden Kaminski		Ian Dayes	Eathan Lezon	Happy Birthday to all!	Sean Dayes	Jordan Nelson		Simon Jeeves	Kyle Nikolaou		
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September	Sun	Mon	Tue	Wed	Thu	Fri	Sat	
		1 Closed	2 Sparring	3	4	5 End of Summer Party 6:30-7:30	6 Black belt Test 11:30-1:00	
			←----- Belt Testing ----->					
	7	8 Bo Staff Starts	9 Ground	10	11	12 BBC Kids CKM	13 Grad 11:30-12:30	
	14	15	16 Sparring	17	18 Closed Cactus Parade	19 Buddy Board Break/Movie Night 6:30-9:30	20	
	21	22	23 UFC Social 8pm	24	25	26 BBC Kids Sparring Seminar	27	
	28	29	30 Mixed					
2008	Employee of the Month – Gord, Ashley, Tina & Cindy!							