

EMA


EVOLUTION MARTIAL ARTS

THE REVOLUTION #13 – APRIL/MAY

Thank you for voting EMA the #1 Martial Arts school in Hamilton & surrounding area. Wednesday March 26th marked our first year anniversary. Thanks to all our friends, families and students for your support. We couldn't be here without you. We are officially expanding to give our students an awesome space to train and grow. We will take possession May 1st, so hopefully soon after we will be able to have an even better school for you. Although we are expanding, we still want to keep our goal of being big enough to provide awesome programs but small enough to know everyone's name! Ashley and I will continue to teach the classes and plan to for a long time to come. Thanks to everyone for your understanding as we take 1 week off to get married. We may be the #1 Martial Arts school but that's because we have the best students, friends and families we could ever hope to have.

Gord & Ashley

<p>BBC Classes April April 4th Fitness & Nutrition April 11th Advanced Kicks</p>	<p>Fri. April 18th – 6:30-9:30 Dance/Dance Revolution Movie Night</p>  	<p>EMA will be <u>closed</u> from April 22nd to April 29th & back open Wednesday April 30th at 4pm.</p>
<p>Stripe Testing: April 7th – 12th</p>	<p>Pizza & Prizes Cost \$14.95 each or \$24.95/family</p> 	<p>EMA will be closed May 17th, 18th & 19th (Victoria Day long weekend).</p>
<p>BBC Classes May May 2nd Steal Proof Masters Movie May 9th Self Defense Demos May 16th Grappling</p>	<p>Fri. May 23rd – 6:30-9:30 Tye Dye T-shirt Movie Night</p>  	<p>March Students of the month: Kids: Sean Dayes Dragons: Sammie Campbell</p>
<p>Stripe Testing: May 5th – 10th</p>	<p>Make a T-shirt Cost \$22.95/person</p> 	

<p> Teen & Adults Paint Ball! Saturday, May 24th – Noon At Soldiers of Fortune 6320 English Church Road (off Upper James – Hwy 6)</p>	<p>All EMA instructors will be attending a grueling instructor's training course May 26th to 30th, so for this week classes are as follows: No morning or noon classes. Monday to Thursday Dragons 5:30-6:00 WYOG 5:30-6:00 PBBR 6:00-6:45 RB/JrBLK 6:00-6:45 CKM & Fitness classes 6:45-7:45 No grappling or sparring No classes Friday May 30th Regular classes on Saturday May 31st!</p>
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<p>April Birthdays: Chris Argiropoulos Nora Raymond Val Campbell Jesse White Risa Nelson</p>	<p>Gillian Baker Michael Barone David Dunham</p>	<p>May Birthdays: Jeremy Kosonic Grace Laurat Brooke Louwerse</p>	<p>Cheryl Matthews Madison Sarre</p>
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April 2008	Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4 BBC – Fitness & Nutrition	5
	6	7	8	9	10	11 BBC – Advanced Kicks	12
	←----- Stripe Testing -----→						
	13	14	15	16	17	18 Dance/Dance Revolution Movie Night 6:30-9:30	19
20	21	22	23	24	25	26 Gord & Ashley's Wedding	
←----- Closed -----→							
27	28	29	30 Back open at 4pm				
←----- Closed -----→							

May 2008	Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2 BBC – Steal Proof Masters Movie	3
	4	5	6	7	8	9 BBC – Self Defense Demos	10
	←----- Stripe Testing -----→						
	11	12	13	14	15	16 BBC - Grappling	17 Closed
18 Closed	19 Closed	20	21	22	23 Tye Dye T-Shirt Movie Night 6:30-9:30	24 Teen & Adult Paint Ball	
25	26	27	28	29	30 Closed	31 Regular Classes	
←----- Special Schedule -----→							

Employees of the Month: All of the EMA Staff!