

EMA

EVOLUTION MARTIAL ARTS

THE REVOLUTION #101 – NOVEMBER 2016

Balance

Teaching martial arts is a balancing act. As instructors we are trying to educate, empower and entertain. If class is too hard then many students leave feeling they can't do it.

If class is too easy / fun then it can be seen as a game.

At EMA we are constantly trying to find that balance - have classes that are fun, while students learn real and practical martial arts and self defense. Our goal is to have black belts that are able to defend themselves, brave, strong but also kind and caring. Determined, disciplined - having that positive black belt attitude. These benefits are life-long and that's why we say martial arts is a way of life. Our goal is to never teach students through intimidation but through mutual respect.

What is important to remember is that ALL the instructors here care. We love teaching and seeing our students succeed. Helping build the black belt inside them!

Next Weapon – Kamas!



Kids- (Red)- \$34.99 + tax

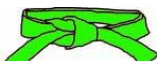
Black Belt (metal) - \$69.99 + tax

Competition Team (custom design)- \$149.00+ tax

Order yours today!

Stripe Testing November 1st-5th

Belt testing November 30th, Dec. 1st, 3rd, and 5th



Holiday Banquet / Graduation!!!

Tuesday Dec. 6th, 6:00pm

Tickets \$35 per person

Belts, gifts, awards, 6 course meal, demos, new EMA movie and more!!!



At the marquis Gardens 1365 Sandhill Dr.
For tickets please see Gord or Ashley!

Dodgeball

Movie Night!

Friday November 11th

6:00-9:00



- Dodgeball FUN!

- pizza & cool movie!

\$19.99 per person / \$29.99 per family

Holiday Sale!!

Saturday Nov. 26th, 10:00am-12:00pm!!

Clearance items, special Holiday items, special deals and more!

Find that special gift for you martial artist!

(If you are hoping to order an item for the holidays, this will be the last day to place an order)

Elite Team

Nov. 5th – Sparring – open to all Competition team

Nov. 12th – hand combos

Nov.26th – Sparring- open to all Competition team

**Black Belt Super Show
for Cystic Fibrosis!**

Thursday November 3rd
6:00-7:00 (doors open at 5:45)
Marquis Gardens – 1365 Sandhill Dr.



EVERYONE WELCOME!

Martial arts demos, 50/50 draw and more!
100% of the proceeds to Cystic Fibrosis Canada
Tickets only \$5 each!
(No regular classes this night)

Teen/Adult Knife Seminar

Monday Nov. 7th, 7:30-8:30

Cool knife scenarios, defenses and more!
(No regular adult karate class this night)

Danny Etkin Seminar!

Danny Etkin is a multiple world champion in forms, weapons and tricking, and will be doing a seminar here at EMA!



Sat. Nov. 19th

11:00-12:00 – nunchucks

12:00-12:30 - forms

(Open to students 8 & up)

12:30-1:00- forms (competition team bonus)

1:00-2:00 – tricking (black belt competition team only)

Cost only \$50! Space is limited!

(Private lessons available)

November 2016	Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3 Super Show! 6:00-7:00 (no classes)	4	5 Elite Team Sparring
	6	7 Teen/Adult Knife seminar 7:30-8:30	8	9	10	11 Dodgeball Movie night! 6:00-9:00	12 Elite Team Hand combos BJJ
	13	14	15	16	17	18	19 Danny Etkin Seminar!
	20	21	22	23	24	25 Black Belt Test 6:00	26 Elite Team Sparring
	27	28	29	30			